

Main table with columns for dates (01木 to 16金) and rows for '献立名' (Menu Name), '食品名' (Food Name), and 'おやつ' (Snack). Includes various food items like '炊き込みご飯', '高野豆腐の煮物', 'ごはん', 'サラダうどん', etc.

9月(土) 20(火) 21(水) 22(木) 24(土) 26(月) 27(火) 28(水) 29(木) 30(金)

Table for the 9th month theme '9月は給食のテーマは“世界を旅する”' (September is the theme of school lunch "Traveling the World"). Includes columns for dates (17土 to 30金) and rows for '献立名', '食品名', and 'おやつ'. Features a large illustration of a plane and flags.

Table titled '今月の栄養給与量★以上児★' (This month's nutrition intake for children aged 5 and above). Columns include Energy (kcal), Protein (g), Fat (g), Calcium (mg), Iron (mg), Vitamin A (μg), Vitamin B1 (mg), Vitamin B2 (mg), Vitamin C (mg), Fiber (g), and Equivalent Food (g).

Table titled '今月の栄養給与量★未満児★' (This month's nutrition intake for children aged 4 and below). Columns include Energy (kcal), Protein (g), Fat (g), Calcium (mg), Iron (mg), Vitamin A (μg), Vitamin B1 (mg), Vitamin B2 (mg), Vitamin C (mg), Fiber (g), and Equivalent Food (g).

★食材の都合により、献立が変更になる場合がございます。