

Main table containing 14 columns of daily menus (01(金) to 16(土)) and 14 rows of food items (献立名, 食品名, おやつ, 食品名). Includes illustrations of an octopus, children, and a birthday cake.

Table for '今月の栄養給与量 ★以上児★' (Monthly Nutrition Intake for Children 5 and over). Columns include Energy, Protein, Fat, Calcium, Iron, and various B vitamins.

Table for '今月の栄養給与量 ★未満児★' (Monthly Nutrition Intake for Children under 5). Columns include Energy, Protein, Fat, Calcium, Iron, and various B vitamins.

Large graphic for '7月のお楽しみ給食' (July's Special Lunch). Includes text about '夏野菜カレー' (Summer Vegetable Curry) and 'お星さまをさがしてね!' (Find the star!).

★食材の都合により、献立が変更になる場合がございます。