

Main table containing 17 columns of daily menus (01月 to 17水) and 2 columns of weekly menus (18木 to 30火). Each column lists the day, dish name, and ingredients. Includes special days like 'いい歯の日' and '和食の日'.

Advertisement for 'みつばこ献立だより' (Mitsuba Menu Newsletter). Features a large illustration of autumn vegetables and text promoting the '11月の給食のテーマは“食欲の秋”' (November menu theme is 'Autumn of Appetite'). It includes information about the 'いい歯の日' (Good Teeth Day) event on November 8th and the 'いよいよ日本食の日' (Finally Japanese Food Day) on November 24th.

Summary table for November nutrition. It lists the number of children and staff for each meal (朝食, 昼食, 夕食) and provides the total energy intake (kcal) for each group. The table is organized by meal type and includes columns for energy intake per child and per staff member.

※食材の都合により献立が変更になる場合があります