

Main menu table with columns for dates (01 to 18) and rows for dish names (献立名), ingredients (食品名), and side dishes (おやつ). Includes illustrations of children and food items.

うんどうかい



Second menu table with columns for dates (19 to 30) and rows for dish names (献立名), ingredients (食品名), and side dishes (おやつ). Includes illustrations of pumpkins and autumn-themed items.

Announcement for 'みつばこ献立だよ!' (Mitsuba's Menu!) featuring Halloween and autumn themes. Includes dates like 10月28日 (October 28th) and 10月29日 (October 29th), and mentions of 'ハロウィンメニュー' (Halloween menu) and 'ワンポイントアドバイス' (One-point advice).

Nutritional information table for '今月の栄養給与量' (This month's nutritional intake). It is divided into two sections: '未満児' (Under 1 year) and '以上児' (1 year and over). Columns list nutrients like Energy, Protein, Fat, Calcium, Iron, Vitamin A, B1, B2, C, and Fiber, along with their respective intake amounts in grams and kcal.

※食材の都合により献立が変更になる場合があります